# My Country Nepal



🖎. Aaryan Gurung

**Class:- 2 'B'** 

The name of my country is Nepal. It is small and very beautiful country, which is in between India and China in Asia continent. Our national language is Nepali. We are rich in natural resources and pleasant environment. We have many mountains, hills, rivers and lakes. The tallest mountains Mt. Everest is also in our country. People with different religion, races and culture live in our country. There are different types of animals, birds and insects in our country. Our national flower is rhododendron and national animal is cow. Lord Buddha was born in our country. I am very proud to be Nepalese.



Rose

🖎. Dijan Subedi

**Class:- 1 'A'** 

- 1. Rose is the king of flowers.
- 2. The rose flower is famous all over the world for its beauty.
- 3. Rose Day is celebrated on 12<sup>th</sup> February.



#### Life is Sweet Life is Short

#### 🖎. Man Bahadur Gurung

**Class:- 7 'C'** 

Life, what is life really about?

What are reasons for living?

We live to love, we love to live Life is sweet, life is short

So why do we love to live for hurt?

So why do we live to love for hurt?

Life is sweet life is short

No one knows when love will hurt

We live to learn, we live to love

Love, what is love really about?

Life is sweet, life is short.

Love your life before it's gone!!!



#### Khukuri



🖎. Pratik Raj Giri

Class: - 4 'A'

Khukuri is a national weapon of Nepal. It is only weapon which is sharp and unique. It has slightly curved middle of it. In the past it mostly used in battle. Nowadays people use it more for cutting meat and also use it for their own safety.

Our great warrior use this weapon to save us from British Soldier. Khukuri is very old weapon. It is made by hand so it is different with each other. It was very dear to our old generation. They used to defeat enemy with help of Khukuri. In 18<sup>th</sup> century Prithivi Narayan Shah unified the small states to modern Nepal by using Khukuri. Bir Bal Bhadra Kunwar, Amar Singh Thapa, Bhakti Thapa etc. They fought with British Soldier by help of this Khukuri. It's handle usually made by animal's horn, bone, woods. The "serupatie" Khukuri is more than 20 inch. It is very sharp. There are three parts in Khukuri.

The top one is to stab, Middle one is to chop, and down one is to slice the wood and notch of the Khukuri is like a footprint of a cow. The notch also help the blood to drip off rather than running onto the handle and there by prevent the handle from becoming slippery. Now day's also we can see our Nepalese Army, police and security guard also carry the Khukuri on their waist. We need to be careful while using it. If you don't know how to use properly do not use it. It will harm yourself.

### Me: Yesterday, Today and Tomorrow

🖎. Diaakar Ghamal

Class: - 7 'B'

Yesterday, I was a new-born child Who was up lovely, playful and a bit wild? Grown up with a suitable atmosphere. With lots of love, affection and care

Today, I'm a student with a dream
Who accompanies a supportive team?
Working hard to make the future bright
Learning to choose between wrong and right.

Tomorrow, I'll be a wise citizen
Who will do something great for the nation?
Kind, generous, to none I'll bother
I'll be an in spire for other.





## **My Special Friend**

Ex. Firag Giri Class:- 7 'B'

It's often said that special friends are worth their weight in gold.

They bring you joy and comfort as the passing years unfold.

They know just how to make you smile and lift our spirits too.

That's why I feel so fortunate to have a friend like you.



# **Self-Acceptance: A Key to Happiness**

A. Garima Bakabal Class:- 8 'A'

"Embrace Life's challenges and let it transform you to the best version of yourself". - Hayley Evans

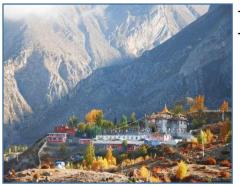
Every person is different and unique in his/her own way. Self-Acceptance is all about embracing our positive and negative facts. Generally, we set standards that are too high for ourselves because people expect us to be perfect. We tend to forget that even the people we perceive to be perfect has flaws and nothing wrong with it. If we don't accept ourselves the way, we are simply means that we are fighting against ourselves and guess who loses? It's very important to accept our flaws. Everyone makes mistake. Making mistake is not a bad thing that should be avoided completely. It is the best way to learn and grow. Youth of this generations feels way more insecure than most of the adults but once we cross this hurdle, life is full of happiness and confidence. Rather than that we accept ourselves the way we are and learn to love ourselves. No one is perfect in this world. Even though we are constantly going back and forth battling and struggling with our identity, everyone is special and unique in their own way. Let's try to practice self-care and know our worth.

### 'If I Were a Hogwarts Student'

Swonupa GC Class:- 8 'C'

Hogwarts the school of Witchcraft and Wizard dry for children aged eleven to eighteen is the finest school for a young witch and wizard to learn how to reach fully to their limit to learn about magic. If I were to be accepted in Hogwarts, I would find myself as the luckiest girl in the world. Hogwarts was founded by four of the most brilliant witches and wizards of their time in 10<sup>th</sup> century by Godric Gryffindor, Rowena Ravenclaw, Helga Hufflepuff and Salazar Slytherin.

The first thing I would do when I get my acceptance letter, is go to Ollivander shop at Diagon alley to get my wand and other necessary items like robes, books pet, etc. Due to excitement I would probably reach to king's Cross Station, Platf arm  $9\frac{3}{4}$  an hour before the Hogwarts express leaves. In the sorting ceremony, I would cross my fingers and pray to get sorted in Ravenclaw house. In Hogwarts, I will be really looking forward to flying lessons, So that I can be a part of Ravenclaw's Quidditch team [a sport of two teams of seven players each mounted on a broom stick and is played on a hockey ring-sized pitch]. My favorite subject would probably be Transfiguration, Defense against the Dark arts and Potion making. As a member of f my favorite professor Filius Flitwick a part of goblin, the head of Ravenclaw, and the master of charms and dielling. In the fifth year, I would study very hard to get good marks in my OWL (Ordinary Wizarding Level) so, that I can take each subject the next year that is required to be a part of the Ministry of Magic as an Auror. In my sixth and seventh year I would work extra hard to get good marks in NEWT (A Nastily Exhausting Wizarding Test) to pursue my dream to be the greatest and the most powerful Aurar after my graduation. After becoming an Auror, I would help people to maintain peace, catch the bad wizard and send them to Azkaban, I would protect my world from the evil and the muggles [people who do not have magical powers.



#### **Mustang Visit**

Aditya Shrestha Class: 9 'A'

Nepal is a land of diversity. It consists of the Himalayas and the top, hills in the middle and terai at bottom. The landscape of Nepal has attracted many people in the decades including me. I really had a great wish to visit Mustang which lies at the Himalayan region. The day starts with shining snow, caped mountains and ends with the golden colored mountains. I really wanted to see that beauty. So, I travelled there in the time of pandemic, during online classes with my brother and father.

The only way to go to Mustang at the time of pandemic was the bus. The airways was not operated. We got on the bus at 7:00 am and it left immediately. We crossed flat lands, hills, crossing the mountains following the Kali-Gandaki River. We reached the place where we were staying, "Jomsom". We reached there in about 3pm. We were tired due to the long bus drive. We went to our room and took a rest. Then, we walked around the town to observe its natural beauty. As said by the people, the wind was very fast, it almost blew my hat off.

On the second day, I woke up early to see the mountains I saw it, it was blinding white. I clicked some photos. After lunch, we booked a cab to visit Muktinath, which is considered extremely religious.

When we were driving towards it, I saw snow. It was the first time seeing it. I was so much excited. When we reached Muktinath, it was filled with snow. I climbed up and when I turned around, I saw the panoramic view of the mountain ranges surrounding Muktinath. We worshiped there and returned to the village. It was a clear day. In the evening, when lounging on the terrace. We saw the Himalayas that were all golden. It was gorgeous scenery.

On the third day, we planned to go the place called Dumba Lake where the famous movie Kabbadi 4 was filmed. We started hiking around 7am in the morning. It was a long hike. When we reached there, the sun was on top of us. Although the sun was shining very much, the lake was frozen. We ate snacks and took rest we captured some photos and saw two fish dead on the surface of water due to the extreme cold water. In the evening, we returned at our residence and had a rest.

The fourth day was the returning day. It was a hard time when I realized we were leaving. All beautiful places we visited and all the kind people we met will always remain in my memory, I wasn't sad because I had the photos we captured for the memory. Early in the morning around 7 am, we left for Pokhara. Just like the first day, we returned home at about 4pm in the evening. I shared my story to all my friends and this trip will be in my memory forever.



#### Life

# **A.** Rian Gurung Class:- 5 'B'

In life, we come across many challenges. Some of them make us who we are while some tell us what we should be. Sometimes it is the opposite. There will be struggle, there will be bad days. Days that would never seem to end. Days that would go on and on, that would keep burning us till the end. Many of us actually gave up on our dreams but the ones who didn't give up will be successful and will face the brighter side of their lives in future.

We understand to love, to give, to endure. What we don't understand is ourselves during all this time. Life can give us the mind of a genius or a unique body. Without trying life is meaningless. Life can lie to us without us knowing and no one can control it. But whatever the problem is trying to stop us we should ignore the problem and continue. We can be anything we want but only, if we work hard. We just cannot be anything we want, we need a passion to be what we want to be.

We must come in terms with the fact that no matter how hard we work, life will not care who we are. Life is not for forever. Life is for living a happy life. Not for trying to be someone else. Never compare yourself to other people.



#### **Sattvik Diet**



Abhilekha Poudel Class: - 10 'A'

Food is an important factor for our body and life. The type of food we ingest determine the state of our body and mind. Among various types of diet we take today, Sattvik diet is considered as the supreme one.

Sattvik diet doesn't mean only vegetarian food. It means the preparation of food in a pure state of mind. Sattvik diet includes light, pure and wholesome food that is mostly. In their natural form. According to the yogic culture, food after 3 hours of preparation is not considered healthy to eat. But in today's time, we consume food stored with mixture of chemicals having long shell life over a long period of time. These long shelf life of unnatural and market food products are slowly decreasing our shell life. Sattvik diet doesn't consist of non-vegetarian food as it carries the negative emotion and disturbed energy of certain animal in it. Sattvik food is for providing sufficient energy to the body and purity in the mind.

We should move towards adapting a sattvik diet habit for a healthy living.



## No Regrets!

Shristi Poudel Class:- 10 'C'

Walking on the empty drive,
Saving my breath after that air passed by
In the warmth of that far shine
My cold breath lingers in the head of my

Even though loneliness and sadness, Was finishing all the chances off But the dream during This journey never stopped!

When the rain stops,
Clear sky is waiting for us,
A better day will come,
All we need is fate and trust!

Even if tears fall from eyes,
We can wipe them away again,
Even if the night is long
Let's close our eyes for a moment!

Can we start over again?
I hope there will be no regret,
To our youthful days,
Still hoping there will be no regrets!



#### Life

Rehan Baniya
Class:- 7 'A'

Life is a chain of
Happiness and sorrow
Nobody can say
What comes tomorrow?

It can be a bright sun May be a heavy rain Time comes once Never comes again.

Life isn't immortal
It ends one day
It's a bitter truth
That all people say.

Let's make each moment Filled with joy Forget all sadness Let's all enjoy.

#### My Self

Asal Gurung Class: - 2 'C'

My name is Ashal Gurung. I am 8 years old. I am a boy. I am strong and healthy. My birthday on 2071/11/21. My school's name is Global Collegiate School. I study in class 2 'C'. I am a student. My best friend name is Keon Gurung. I live in Kamal Pokhari-13. My favorite festival is Dashain. My favorite subject is math. My favorite animal is cat. I have many friends at school. My favorite color is white. I like to play football. I can read and write. I like to eat an ice-cream. My aim is to be an army. There are 4 members in my family.

#### My Family

Class: - 2 'A'

Good morning everyone! My name is Tripti Gurung. I am seven years old. I read in class 2 'A'. I live in Pokhara. I am going to tell about my family. My mother's name is Mishiri Gurung. She is 31 years old. She is a house wife. She cooks delicious foods, like dalbhat tarkari. My father's name is Tekan Gurung. He is 40 years old. He works in America. He works hard. My sister's name is Deepti Gurung. She is 10 years old. She studies in class 5 'B'. She loves me a lot. Thank You.

# My Birthplace

#### Avash Gautam

**Class:- 4 'B'** 

Everyone has their birth place. Birth place is the place where we are born and grow up. Because it is a place where we are born that's why everyone loves their birth place.

My birth place is Baglung district. I was born in Dhaulagiri hospital of Baglung district. Baglung is a district of Gandaki province. Baglung is famous for cultural places like Baglung Bhagawati temple, Panchakot etc. There is Kali Gandaki River in the side of Baglung district. There are so many natural resources in Baglung like rivers, lakes, forest etc. Most of the people of Baglung are engaged in agriculture. The main religions of the people of Baglung are Hindu and Buddhist. The only one hunting areas of Nepal lies in Baglung district. There are hospitals, schools, colleges and shops in Baglung. There is clean drinking water facility in Baglung. There is wide and pitch road in Baglung. It is between Parbat, Myagdi Rukum, Rolpa, Pyuthan district. It is a beautiful district of Nepal.

So many tourists come to visit Baglung that's why it is helping Nepal to become famous. We should make our birthplace better. My birthplace is heaven to me. I love my birthplace.



# My Family

# Shiwansh Timilsina Class:- 1 'C'

- 1. My Name is Shiwansh Timilsina.
- 2. I have a small family.
- 3. There are 5 member in my family.
- 4. They are grandfather, grandmother, mother, father and me.
- 5. My grandfather is a farmer. He grows crops.
- 6. My grandmother is a homemaker. She makes food for us.
- 7. My mother is also a homemaker. She makes food for us.
- 8. My father is an engineer. He works in an office.

# A Poor & Rich Boy

A. Bidhan Parajuli Class:- 3 'A'

Once there was a poor but an honest man. His name was Amit. His neighbors were very rich but lazy. His name was Bidur. One day Amit was reading a book, at the same time, Bidur disturbed him. Amit said to Bidur, "Why do you disturb me?" Meanwhile an old man came and said I am so hungry and give me some food. Bidur chased the old man. He went to Amit's hut. Amit gave him food. The old man thanked Amit. Then old man gave Amit, a plant and said to plant it and went. The plant grew potatoes. The potatoes converted into gold. They old man went to Bidur's castle and said you are selfish. Today Amit is so rich and Bidur is so poor. Amit is enjoying his life and Bidur in now a beggar.

# One Day of My Life Which Made Everyone Laugh

A. Bibhuti Baral Class:- 5 'C'

One morning I was wandering if there is a real candy world. How can I go to that candy world? And I asked to my mom. She said, "No, dear there's no candy land." Still I have belief that I would figure the candy world. In the day time, I saw something strange on my cup board. I opened it. I removed the clothes from it. I saw something magical. There was a medium sized black hole. It said, "Come inside dear come inside I was afraid though I went inside." Guess what happened? I was in a candy land! I did not believed it. I pinched myself. I saw the trees that were made from cotton candy. The Lake was made from melted chocolate. There was a candy office also. There was a rabbit who guided me. He told me welcome to the candy land, you can eat as much as you would like. I started with tree lollipops. And I tried some cakes. Then, I heard a voice wake up. Its already 8 'O' clock. And I opened my eyes.

Then I realized that it was just a dream. I told my family about it everyone laughed. Thank You!



#### Leading in class 6

**➣.** Sudikchya Timilsina Class:- 6 'B'

We lead the way to life in class 6
We lead everywhere,
Learning how to enjoy things,
Leading our enjoyment.

We aspire to do new things,
That's how we work,
Wombridge knows how to lead,
That's how we work.

We aspire doing lots of cooking,

Trying different foods all the time

Growing and planting,

Keeping safe and happy is important

We do lead in class 6,
We enjoy playing with friends
We enjoy learning and leading
Helping each other is the best.

#### **Being Under Water**

Sijon Gurung
Class: - 5 'A'

Being under water is so fun and cool,
Different animals are lurking under the sand,
So far we only discovered 10% of water we can.

There underwater we can find danger
Or even new life,
There may be giant creatures
Waiting for us down there under the water

There are many that we haven't Found yet.... Well that's All about being under the Water......

Thank You

#### Wormhole

**☼.** Shain Thapa Magar Class:- 9 'C'

If you saw a wormhole in reality, it would appear round, spherical, a bit like a black hole. Once crossed, the other side comes fully into view with your old home now receding into that shimmering spherical window. According to the wormhole theory, 'A theoretical passage through space-time that could create shortcuts for long journeys across the universe is known as wormhole!' But are wormholes real? Our universe is like a big flat sheet, bent in just the right way, wormholes could connect two very, very distant spots with a short bridge that we could cross almost instantaneously, enabling us to travel the universe even faster than the speed of light. But where can we find a wormhole? Based upon the 'Einstein Rasen Bridges' theory where every black hole is described as a sort of portal to an infinite parallel universe, one possibility of the black hole is that the other side of the event be horizon looks a bit like our universe, but mirrored. This is called a white hole. Unfortunately, Einstein-Rosen bridges can't actually be crossed because it takes infinite amount of time to cross over to the opposite universe and they crimp shut in the middle.

### **My Vacation**

A. Kavya Thapa Magar Class: - 3 'C'

Vacation is my favorite time of the year, as it gives me a chance to relax and explore new things.

After my exam, the summer vacation started. In this summer I visited Chitwan that is quite far distance from my house. It is five hour journey by bus. My aunt stays there. I met my aunt and my small brother Sahil. I stayed two days in my aunt's home. I visited Sashwat Dham temple with my aunt, sisters, brother and mother. CG is a famous temple. There are many historical places museums imprinted. We had a lot of fun.

I and my mother returned back to home after five days. I enjoyed and had a lot of fun so, I will never forget my vacation time.

**My Family** 



Swarnim Gurung Class:- 1 'B'

My name is Swarnim Gurung. I have a small family. There are 3 members in my family. My father's name is Indra Bahadur Gurung. He is 60 years old, he is an ex-army. My mother's name is Hira Kumari Gurung. She is 45 years old, she is a house wife. We are happy family, we love each other.

